### Subject: PSYCHOLOGY

Course (Paper) Name & No. 5 : Psychopathology

Course (Paper) Unique Code CORE 1601270101030501 Course (Paper) Unique Code ELECTIVE-1 1601270201030501 Course (Paper) Unique Code ELECTIVE-2 1601270301030501

External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course/P aper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Marks	External Exam Time Duration
S.Y.B.A.	III	Core	CCT-05	Psycho pathology	03	30	70	100	

### Course Objectives:

This course should help Students:

- To impart knowledge about the normality.
- To make students understand the nature and course of various abnormal conditions.
- 3. To impart knowledge and skills needed for psychological assessment of different normal conditions.
- To impart various of personal adjustments.

### Course Outline:

Unit-1: Introduction of Psychopathology

- ~ Introduction
- Meaning Nature and Scope of Psychopathology
- ~ What is Abnormality ? (Meaning of Abnormal)
- Characteristics of Normal Abnormal Personality

Unit: 2 Frustration and Stress

- ~ Introduction
- Meaning of Frustration
- Reason and Results of Frustration
- ~ Introduction and Meaning of Stress

Unit: 3 Defiance Mechanism

- ~ Introduction of Defiance Mechanism
- ~ Definition of Defiance Mechanism
- ~ Function and Types Defiance Mechanism

Unit: 4 Neurosis

- Meaning of Neurosis
- ~ Characteristic of Neurosis

Unit: 5 Types of Neurosis

- Types of Neurosis
  - 1. Anxiety
  - Obsessive Compulsive Reactions
  - 5. Conversion Reactions

- Phobia
- Dissociative Reactions
- Depressive Reactions

### Reference:

- ~ Lamm A. Introduction to Psycholpathology, Page Pub. N.Y. 1997
- Buss A.H. Psychopathology, John Willey N.Y. 1999
- Lehner & Kube, Dynmics of Personal Adjustment,
   Prentice Hall 1996
- Sorenson H. and Malm M. "Psychology for Living"
   N. Y. Megralo Hill 1997
- ~ Mc Kinne, Fred "Psychology of Personal Adjustment" N. Y. wila
- Bernard H. "Toward Better Personal Adjustment"
   N. Y. Mc. Grew Hill 1957
- મનોરોગશાસ્ત્ર અને વૈયક્તિક સમાયોજનનું મનોવિજ્ઞાન સી. જમનાદાસ દિપક શાહ કુંભાણી, જમકુબેન સોજીત્રા, કગથરા, ભાલાળા, ડઢાણીયા, નસિત
- ~ The Dynamic of Personal Adjustment Lehner & Kube
- ~ Elective Social Psychology

Subject: PSYCHOLOGY Course (Paper) Name & No. 5 : Positive Psychology

 Course (Paper) Unique Code
 CORE
 1601270101030502

 Course (Paper) Unique Code
 ELECTIVE-1
 1601270201030502

 Course (Paper) Unique Code
 ELECTIVE-2
 1601270301030502

### External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course/P aper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Marks	External Exam Time Duration
S.Y.B.A.	III	Elective	ECT-05	Positive Psychology	03	30	70	100	

### Course Objectives:

This course should help Students:

- To impart knowledge about the normality.
- To make students understand the nature and course of positive conditions.
- To impart knowledge and skills needed for psychological assessment of different normal conditions.
- To impart various of personal adjustments.

### Course Outline:

Unit-1: What is positive Psychology & its relationship

- ~ Meaning & Goals of Positive Psychology
- ~ Relation of others Psychology
- ~ Characteristics of Normal Abnormal Personality

Unit: 2 Happiness & Well-being

- ~ What is happiness
- ~ Meaning of Happing & Well-being

Unit: 3 Positive Emotions

- ~ What is Positive Emotions
- ~ Who do Positive Emotions in life
- Positive Emotions & Health Resource

Unit: 4 Happiness & Facts of Life

- ~ Happiness Across the life span
- ~ Positive Moods & Behaviour
- advantage in married life
- ~ Selection to Effects

Unit: 5 Happiness & Culture

- All concept of happiness meaning
- Styles of Happiness in America
- Styles of Happiness in Asia

Reference :	
<ul> <li>Seven Study by Faideyck</li> <li>Happiness in Married Life</li> </ul>	
~ વિદ્યાયક મનોવિજ્ઞાન, પાર્શ્વ પબ્લીકેશન. ડો. અરવિંદ એસ શાહ, ડો. અશ્વિન જનસારી	
ાવાનુક જ્યાનવાળ, તાન્ય વન્યાકાળા, કા. અભાગ અને લાક, કા. આવના કન્યાન	
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Subject: PSYCHOLOGY

Course (Paper) Name & No. 6 : Social Psychology-I

Course (Paper) Unique Code CORE 1601270101030601 Course (Paper) Unique Code ELECTIVE-1 1601270201030601 Course (Paper) Unique Code ELECTIVE-2 1601270301030601

External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course/P aper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Marks	External Exam Time Duration
S.Y.B.A.	III	Core	CCT-06	Social Psychology-I	03	30	70	100	

### Course Objectives:

This course should help Students:

- 1. Appreciate how individual behaviour in influenced by Social and Cultural context
- Understand how social behaviour can be analysed in terms of social Psychological Theories
- Realise how social Psychological knowledge can be used in sloving social problems.

### Course Outline:

Unit-1: Introduction of Method of Social Psychology

- ~ Introduction
- Definition, and Nature of Social Psychology
- Scope of Social Psychology
- Importance of Utility of Social Psychology

Unit: 2 Method of Social Psychology

- ~ Interview Method
- Filed study Method
- ~ Sociometrist Method

Unit: 3 Socialization

- ~ Introduction
- ~ Definition of Socialization
- ~ Process of Socialization
- Mediators (Tools) of Socialization

Unit: 4 Social Interactions

- ~ Meaning and Types of Social Interaction
- Assisting (Mechanisms) of Social Interaction
  - Meaning, Nature and Types of Suggestion
     Meaning, Nature of Types of Imitation

Unit: 5 Social Attitudes

- ~ Definition, Nature of Attitude
- ~ Formation and Change of Attitude
- ~ Measurement of Attitude

# Referents Book: ~ સમાજલક્ષી મનોવિજ્ઞાન – સી. જમનાદાસ એન્ડ ક્યું., દિપક શાહ, ભાલાળા, ચોચા, નંદાણીયા Social Psychology - Soloman Asch An outline of Social Psychology - Sheriff & Sheriff Social Psychology - I. M. Newcomb સમાજલક્ષી મનોવિજ્ઞાન – રાજકમલ પ્રકાશન – હંસરાજ ભાટિયા Social Psychology – Jamnadas & Co., Dr. Bhalala, Dr. Dadhaniya, Dr. Jarsaniya ~ સમાજલક્ષી મનોવિજ્ઞાન – જમનાદાસની કંપની – સારડા, શાહ, ભક્ર, ત્રિવેદી

Subject: PSYCHOLOGY Course (Paper) Name & No. 6 : Applied Psychology

 Course (Paper) Unique Code
 CORE
 1601270101030602

 Course (Paper) Unique Code
 ELECTIVE-1
 1601270201030602

 Course (Paper) Unique Code
 ELECTIVE-2
 1601270301030602

External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course/P aper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Marks	External Exam Time Duration
S.Y.B.A.	III	Elective	ECT-06	Applied Psychology	03	30	70	100	

### Course Objectives:

This course should help Students:

- Appreciate how individual behaviour in influenced by applied and cultural context.
- Understanding how to applied behavour can be analysed in terms of applied Psychological Theories
- 3. Realise how applied Psychology knowledge can be used solved social prolems.
- Learn to use Psychology and other information sources.

#### Course Outline:

Unit-1: Introduction to applied Psychology

~ Definition, Nature of applied Psychology

Unit: 2 Treatment & Psychology

- Diagnosis & Treatment
- ~ Psychotherapy, Physical & Chemical Treatment, the Steps
- For the prevent of Mental Disease

Unit: 3 Psychology in Industry

- ~ Occupational Analysis & Worker Selection
- ~ Placement, effective condition of work, Human relation in Industry

Unit: 4 Psychology in the field of Business

- ~ Business & Psychology, Relation between Businessman & Employee
- ~ Need of Public Contact, Effectiveness of Advertisement & Use of Psychology in Advertisement

Unit: 5 Psychosexual in Home Life

- ~ Nature and Function of Family problem & Function of Modern Home
- Home life and Social Heredity, The Home Transient, Fundamental need of a Chilled.

# Reference ~ Gray F Stanly: Psychology in use Second Ed. ~ Morgan C.T.: Introduction to Psychology ~ Dr. Stone & Stone Married Psychology ~ Atwater : Psychology for Living Adjustment and Behavior Fifth Ed. 1995 Prentice Hall of India Pvt. Ltd., Delhi ~ Somabhai Patel : Salah Mnovigyan, University Granth Nirman Board

Subject: PSYCHOLOGY Course (Paper) Name & No. 7 : System and Theories of Psychology-I

### Course (Paper) Unique Code CORE

### 1601270101030700

External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course/P aper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Marks	External Exam Time Duration
S.Y.B.A.	III	Core	CCT-07	System and Theories of Psychology-I	03	30	70	100	

### Course Objectives:

This course should help Students:

- To impart knowledge about the systems of Psychology
- To make students understand the nature and course of various schools of psychology.

### Course Outline:

Unit-1: Introduction of School Psychology

- ~ Meaning and Characteristics of School
- ~ Reason of existence of School in Psychology
- ~ Function and Importance of School Psychology

Unit: 2 Structuralism

- ~ Introduction of Structuralism
- Theory of Structuralism
- ~ Roll of Wilihem Wundt

Unit: 3 Functionalism

- ~ Functionalism
- ~ Functionalist

Unit: 4 Associationism

- ~ Meaning, Rules and Principal of Associationism
- ~ Contribution of Associationism in Psychology
- ~ Contribution of Thorndike
- The basic rolls of Pavlov

Unit: 5 Behaviorism

- Principal of Behaviorism
- ~ Contributions of Watson, Lesley in Behaviorism
- Contributions of Gutherie, Skinner in Behaviorism

### References:

- Woolman B. B.: Contemporary Theories and Systems of Psychology, Harpea Publishing Co. N.Y. 1960
- ~ Theory and System, B.A. Parikh, Uni. Granth Nirman Board
- Dr. B.A. Parikh: Siddhanto ane Sampradayo.
   Uni. Granth Nirman Board
- ~ Woodworth : Schools of Psychology
- ~ કે. ડી. પંડયા મનોવિજ્ઞાન વિચારધારા ગ્રંથ નિર્માણ બોર્ડ

– ક્ષેમેસ્ટર ૩ પૂર્શ –